

## Wonder products

### 1 GARNIER BB CREAM MIRACLE SKIN PERFECTOR, £9.99

A make-up marvel, it somehow evens the skin tone and smoothes away blemishes without ever looking like I am actually wearing make-up. [boots.com](http://boots.com)

### 2 CLINIQUE HIGH IMPACT EXTREME VOLUME MASCARA, £17

When I wear this mascara people have asked me if I'm wearing eyelash extensions! Far and away the best mascara I have ever used.

### 3 BECCA BEACH TINT IN WATERMELON, £20

This little tube is an absolute essential – it takes me from pale and ill looking to flushed and healthy in an instant. I just apply a dot with my finger, rub –it in and voila! Instant glow. [beccacosmetics.com](http://beccacosmetics.com)

### 4 DIOR DIORSKIN NUDE TAN BRONZING POWDER IN 001 HONEY, £34

I have recently discovered this bronzer and it is by far one of the best I've tried. It contains virtually no shimmer, so it just warms the skin with a soft glow; it isn't orange and it seems to even out my skin tone, too. [selfridges.com](http://selfridges.com)



## SUSANNAH TAYLOR'S BEAUTY MUST-HAVES

## Miracle workers



### Hair colour **JOSH WOOD**

I am lucky enough to have my highlights done by

the king of hair colour himself, Josh Wood. Not only is he a master at creating the perfect sunkissed golden hair (he absolutely refuses to take me too blonde), but he is also one of the loveliest men I know. It is a delight to spend an hour in his chair. [joshwoodcolour.com](http://joshwoodcolour.com)



### Personal trainer **STEVE MELLOR**

Steve is the first person who has helped me

enjoy fitness – I train with him twice a week outside, which is so much better than looking at a wall in the gym. We do mostly strength and resistance training and circuits and over the last year I have seen amazing changes in my body shape. [freedom2train.com](http://freedom2train.com)



### Nutritionist **AMELIA FREER**

Amelia is absolutely passionate about helping

others by using the power of food. I went to see her about getting rid of my muffin top and to get some anti-ageing advice, but she can help with many issues. An incredible chef, she also does a delivery service and makes the tastiest, healthiest food. [freernutrition.com](http://freernutrition.com)



### Hair dresser **ANDREAS WILD AT JOHN FRIEDA**

Very stylish himself, Andreas

is a hairdresser that will make you look your best, most stylish self. A safe pair of hands if you only want a trim (he has never ever cut more off my hair than I have asked him to), he will also create an entire new look if you so desire and make it incredible. 020 7491 0840